



Adair County SB40 Developmental Disability Board
314 East McPherson Street
Kirkville, MO 63501

Postage
Information

X

You can help support activities and classes at the Community Learning Center by donating to the [Adair County DD Link](https://sb40life.org)
Visit <https://sb40life.org> or scan this QR Code



Come Join Us!

ATTENTION! The CLC will now be open from 8AM - 4PM Tuesday-Friday

In November, the CLC will offer most of the regularly scheduled activities led by Angela along with new activities that have been planned by Angela and Cheyane.

Each Wednesday, Bre with the Adair County Public Library will be here for story time to share stories and a craft, which is fun for visitors of all ages. Please pay close attention to the details of activities as we have planned some fun field trips.

If you would prefer to receive this via mail, please contact the Community Learning Center (clc@sb40life.org)

SB40 Community Learning Center Activities for November 2025

Check out the Activity Calendar for more information and times

ADAIR COUNTY SB40 Developmental Disability Board	Tuesdays -	Coffee & Cards Dance Aerobics Nature Time (Holly with Conservaiton Department will be here November 18th)
	Wednesdays -	Crafts Exercise Your Mind Storytime Get Fit
	Thursday -	Healthy Meals Science Fun Chair Yoga
	Fridays -	BINGO

For questions or more information: 660-665-9400x4 or clc@sb40life.org



Developmental Disability Board

Adair County SB40 Developmental Disability Board

DD Resource Center
314 E. McPherson Street
Kirkville, MO 63501
(660) 665-9400
sb40@sb40life.org

Community Learning Center
1107 Country Club Drive
Kirkville, MO 63501
(660) 660-9400
clc@sb40life.org

Website: <https://sb40life.org>

November 2025

Sean's Scoop!



Celebrating 15 Years of Targeted Case Management Services in Northeast Missouri

This month, Adair County SB40 is proud to celebrate 15 years of providing high-quality Targeted Case Management services to individuals with developmental disabilities and their families in Northeast Missouri. Since its launch in 2010, the agency has served as a trusted partner in advocacy, service coordination, and resource connection, ensuring that people with disabilities have access to the supports they need to live meaningful, self-directed lives in their community.

From its first days of service to today, Adair County SB40 has grown in both scope and impact, providing person-centered planning, coordinating individualized supports, monitoring service quality, and helping individuals and families navigate complex systems with dignity and compassion. The agency's TCM team has built strong relationships with individuals, families, providers, schools, healthcare systems, and state agencies to ensure that services are both effective and equitable.

Over the past decade and a half, Adair SB40 has remained rooted in its mission: to advocate for inclusion, promote independence, and strengthen community-based supports for people with developmental disabilities. As part of its strategic vision, the agency continues to prioritize family-centered practices, collaborative community partnerships, and proactive planning that reflects the unique needs of rural Missourians. This includes expanding access to employment supports, increasing opportunities for inclusive housing and education, and ensuring that individuals with disabilities have a voice in decisions that affect their lives.

Fifteen years of Targeted Case Management is not just a milestone, it's a reflection of thousands of personal stories, hard-won progress, and the commitment of our team to make our community stronger for everyone. In celebration of this milestone the Adair County SB40 Board issued a Board Proclamation to recognize the excellent services that have been given over the years. I believe we have the best team supporting people with developmental disabilities in the state of Missouri. We are proud of what we have accomplished and are even more energized by the work ahead.



September Spotlight Award - Community Volunteer Sarah Frerker

Sarah Frerker has been selected for the October Spotlight Award as an amazing Community Volunteer by Adair County SB40 Developmental Disability Board.

Dr. Carolyn Cox, Professor of Health Science at Truman State University, shared, “Sarah Frerker, a mature, responsible, young professional and servant leader, has been volunteering and leading/coordinating the Exercise Your Mind classes for the past three years at the CLC. Trained and certified in Cognitive Stimulation Therapy, she personalizes the activities for the participants, but most importantly, she makes the classes fun! She is a Junior Health Science/Public Health Education Major at Truman, and she will go to the Peace Corps following graduation, and then pursue her Doctorate in Occupational Therapy.”



Sarah Frerker 4th from the right in the back, and Dr. Cox 2nd from the Left in the back

Angela Hawes, Adair County SB40 Community Learning Center (CLC) Program Staff, stated that Sarah is “Well rounded, professional, dedicated, kind, and very enjoyable are just a few words that describe Sarah. She has established her place in our hearts and our classroom. The clients love when she shows up for Exercise Your Mind or just volunteering during arts and crafts. She has made many friends and even gives up her free time to experience some of their outside activities with them. I am very grateful to have the opportunity to work with her and call her a friend.”

Finally, Adair County SB40 Community Engagement Specialist, Cheyane Attebery, said, “Sarah continues to make a remarkable and lasting impact on the community. Through her volunteer work at the center, she demonstrates unwavering dedication, professionalism, and compassion. Her efforts are not only deeply meaningful but also truly a work of art—reflecting both her talent and her heart for service. Her consistent hard work and genuine care for others elevate the center and inspire everyone around her. Sarah’s dedication and excellence continue to shape the community in powerful and lasting ways.”

If you would like to nominate a great candidate for a monthly Spotlight Award, Adair County SB40 is accepting nominations. Anyone can make a nomination. Nominations can be made in any of the four following categories:

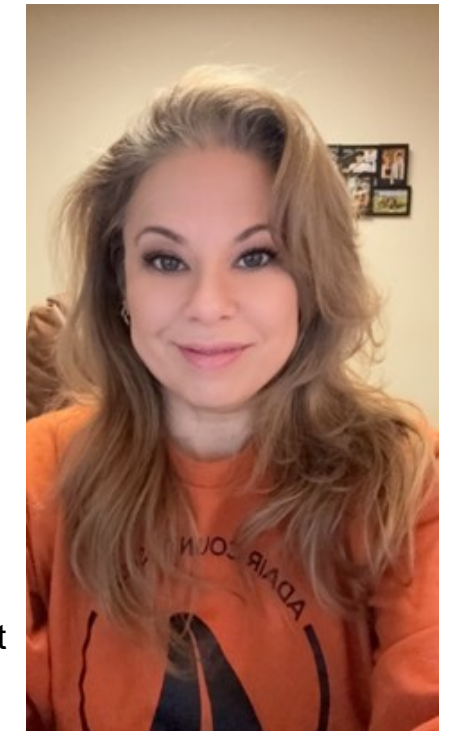
- Kids Inclusion Spotlight Award for children in kindergarten - 8th grade
- Youth Leadership Spotlight Award for youth in grades 9-12
- Community Volunteer Spotlight Award (any age)
- Entrepreneur or Employee Spotlight Award (any age)

In March 2026, a Spotlight Award of the Year winners will be selected from all of the monthly winners. Nominations can be made throughout the year by visiting the Adair County SB40 website or by contacting a SB40 staff member to assist you at (660) 665 - 9400. You can also find more information about the four nomination categories by visiting Adair County SB40’s website, <https://www.sb40life.org>

Employee Spotlight

We are excited to nominate Tatiana for this month’s Employee Spotlight in recognition of her outstanding dedication, innovation, and leadership. Tatiana has consistently gone above and beyond in her role, demonstrating not only a strong work ethic but also an inspiring commitment to both the organization and the community we serve.

Tatiana has been instrumental in identifying and pursuing grant opportunities, alternative funding sources, and creative fundraising initiatives to support and expand our programs. Her efforts in researching and connecting individuals with valuable resources have made a significant impact on the lives of those we serve, as well as others in the broader community.



One of Tatiana’s standout contributions has been her leadership within the Transition to Adulthood Coalition. She has brought fresh energy and vision to the group, helping to expand its scope and deepen its impact. Her active role in Interagency meetings has further demonstrated her ability to lead collaboratively and advocate effectively across systems.

In addition, Tatiana has played a key role in enhancing our use of Set-Works. She took the initiative to update our template and has explored innovative ways to maximize the platform’s functionality for our work as a Targeted Case Management (TCM) provider—despite the system being primarily designed for service providers. Her ability to problem-solve and find creative solutions in this space has been invaluable.

What truly sets Tatiana apart is her “can-do” attitude and her “outside-the-box” thinking. While not every idea may be feasible, her willingness to explore new approaches and challenge the status quo makes her a dynamic and inspiring teammate. Collaborating with her is energizing, and her vision helps drive continuous improvement in everything we do.

We are grateful for Tatiana’s passion, initiative, and leadership, and we’re proud to highlight her as a key contributor to our mission.