

Community Engagement Report for August 2018

Total recorded visits: 195

Daily Life:

- Bingo, craft class, board & card games, and other Center resources offer people the opportunity to explore their interests and fill their day with activities that they enjoy.
- We have connected with the community Special Olympics coaches to ensure that adults in the area have an opportunity to compete in the sports of their choosing.
- Our monthly mailing contained an insert of many different events in September so that people are informed about different happenings that they may enjoy.

Community Living:

- Each month, we explore different areas in the community by meeting to play cards. This activity allows people the opportunity to find places in which they feel a sense of belonging.
- There will be several aspects of the Community Engagement Conference that emphasize community living, including information regarding the DSP crisis, vendors promoting assistive devices and services, and information about alternatives to guardianship.

Social & Spirituality:

- Our partnership with the Truman chapter of Best Buddies International promotes and strengthens connections with other community members.
- The focal point of the Community Engagement Conference is to push people beyond the concept of inclusion and to give community groups strategies to implement the creation of more meaningful roles.
- Circles Level II is teaching people about the more complex aspects of relationships, such as how relationships with people change over time and what to do if someone disrespects your boundaries.

Healthy Living:

- We continue to offer chair yoga each week and promote other exercise classes within the community.
- Trauma and its effects on a person's health is one of the breakout sessions at the Community Engagement Conference.

Safety & Security:

- One of the aspects of Circles Level II is learning about what unsafe behavior is and how to respond if someone is disrespecting those boundaries.
- We continue to offer Mandt training for DSPs at least once each month.

Citizenship & Advocacy:

- Breakout sessions at the Community Engagement Conference regarding advocacy include: guardianship and the Arc of Northeast Missouri.
- Our partnership with the Arc of Northeast Missouri promotes legislative advocacy for disability rights, and on August 14, 2018, The Arc of Northeast Missouri was officially formed.