









Adair County SB40 Community Learning Center

MAY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>ADAIR COUNTY SB40 Developmental Disability Board</p>	<p>Adair County SB40 Community Learning Center 1107 Country Club Drive Kirksville, MO 63501 660-665-9400 sb40life.org clc@sb40life.org</p>	<p>Registration Required for Project STIR & Circles Level 2</p>    <p>Follow Us!</p>	<p>1 10a- Crafts 1p - Open Hearts Story Time 2p - Get Fit 3:30p - Game Time</p>	<p>2 The Community Learning Center will open at 9:30AM 10a - Science Fun</p>	<p>3 10a - BINGO</p>	<p>4</p>
<p>5 Cinco de Mayo</p> 	<p>6</p>	<p>7 10a - Coffee & Cards 11a - Dance Aerobics 1:30p - Project STIR 3:30p - Yard Games</p>	<p>8 10a- Crafts 1p - Open Hearts Story Time 2p - Get Fit 3:30p - CIRCLES Level 2</p>	<p>9 SB40 CLOSED for staff training</p>	<p>10 10a - BINGO The Community Learning Center will open at 12:00PM <small>Last day to sign up for childcare for Parent Group on the 18th</small></p>	<p>11</p>
<p>12 Mother's Day</p> 	<p>13</p>	<p>14 10a - Coffee & Cards 11a - Dance Aerobics 1:30p - Project STIR 3:30p - Yard Games</p>	<p>15 10a- Crafts 1p- Open Hearts Story Time 2p - Get Fit 3:30p - CIRCLES Level 2</p>	<p>16 10a - Science Fun 5:30p - Parent Group</p>	<p>17 10a - BINGO</p>	<p>18</p>
<p>19</p>	<p>20 6p - People 1st Meeting</p>	<p>21 10a - Coffee & Cards 11a - Dance Aerobics 1:30p - Project STIR 3:30p - SB40 Board Retreat & Meeting</p>	<p>22 10a- Crafts 1p - Open Hearts Story Time 2p - Get Fit 3:30p - CIRCLES Level 2</p>	<p>23 10a - Science Fun</p>	<p>24 10a - BINGO</p>	<p>25</p>
<p>26</p>	<p>27 Memorial Day SB40 CLOSED</p> 	<p>28 10a - Coffee & Cards 11a - Dance Aerobics 2p - Nature Time 3p - Movie Party</p>	<p>29 10a- Crafts 1p - Open Hearts Story Time 2p - Get Fit 3:30p - CIRCLES Level 2</p>	<p>30 10a - Science Fun</p>	<p>31 10a - BINGO</p>	<p>Support the SB40 DD Link</p> 

You may schedule a visit Mondays by contacting the Community Learning Center.



COMMUNITY LEARNING CENTER

Join us 8A-5p daily, Tuesday - Friday

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by contacting the Community Learning Center.*

Activity Descriptions:

- **Coffee & Cards** - Come enjoy playing card games with friends while having a warm drink (we also have tea and hot chocolate). Feel free to bring your own drink or a favorite game share.
- **Dance Aerobics** - Get your heart pumping and learn some fun and easy dance moves on Tuesday mornings. This class is adaptable for people who require seated exercises.
- **Project STIR** - This class for self-advocates age 18+ will help you learn to become your own best self-advocate, how to problem solve and negotiate, and what it means to be self-determined. **Registration is required.**
- **Nature Time** - Join Holly Whitacre from the Missouri Department of Conservation for a fun nature activity!
- **Yard Games** - Love playing games with friends? Join us on Tuesday afternoons to play some of our fun outdoor games.
- **Movie Party** - Come enjoy a fun movie with your friends! We will have popcorn and drinks. Feel free to bring a snack to share.
- **Crafts** - During this activity, you will create fun, easy-to-do crafts.
- **Open Hearts Story Time** - Come join Miss Bre for the Adair County Public Library for a fun story with easy art project! This new activity is great for visitors of all ages.
- **Get Fit** - Have fun while getting into shape! Angela will help you get moving with fun workout videos, walks in the community, and more. This class is adaptable for people who require seated exercises.
- **CIRCLES Level 2** - This class is a continuation of CIRCLES Relationships & Intimacy. The class looks more closely at the people in each circle and how a person can move in and out of circles over time. Completion of CIRCLES Level 1 must have been completed before you can take this class. **Registration is required.**
- **Science Fun** - Science can be a ton of fun! Join volunteer, Jim, to learn about many fun, hands-on science topics.
- **BINGO** - Join us each Friday for BINGO and win BINGO Bucks to spend in our BINGO store.

Phone: 660-665-9400
Email: clc@sb40life.org
Website: sb40life.org



You can easily support
activities and programs
at the CLC by scanning
this QR Code

