



Adair County SB40 Developmental Disability Board  
314 East McPherson Street  
Kirksville, MO 63501

Postage  
Information

X

## Come Join In the Fun!

The Community Learning Center is open each Tuesday, Wednesday, and Friday from 8AM-5PM. You can also make an appointment to visit on a different day or time.

**We will have Zoom link available for BINGO each Friday at 10AM.** If you are unable to join us at the CLC, just let us know and we will send you the link.

In August the CLC will offer a new class, Tell Your Story! In this class you will have the opportunity to develop your life story or important information about yourself that you want to share with others through your choice or combination of writing, drawing, and scrapbooking. Everyone's story is unique and important! We want to help you share yours!

In August will continue to offer two new activities that were added in July and greatly enjoyed. On Tuesdays we will have a sewing group on the 2nd, 16th, and 30th and fishing at Spur Pond on the 9th and 23rd. **If you DO NOT have equipment, please contact us by the Friday before so we are sure to have supplies for you!**



Please consider supporting all of the wonderful opportunities the SB40 Community Learning Center has to offer!

**SB40 Community Learning Center Activities for August**  
Check out the Activity Calendar for more information and times

Tuesdays -	Coffee & Cards Game Time (Aug. 9th & 23rd) Sewing Group (Aug. 2nd, 16th, & 30th) *Fishing (Aug. 9th & 23rd) <i>registration required</i> Afternoon BINGO - <i>in person only</i>
Wednesdays -	Crafts Get Fit Tell Your Story
Fridays -	BINGO at CLC & Zoom Link Wii Tournament

Please call or email the Community Learning Center to register for a class or sign up for Zoom activities to receive the link!  
660-665-9400x4 or [clc@sb40life.org](mailto:clc@sb40life.org)



## Adair County SB40 Developmental Disability Board

DD Resource Center  
314 E. McPherson Street  
Kirksville, MO 63501  
(660) 665-9400  
[sb40@sb40life.org](mailto:sb40@sb40life.org)

Community Learning Center  
1107 Country Club Drive  
Kirksville, MO 63501  
(660) 660-9400  
[clc@sb40life.org](mailto:clc@sb40life.org)

Developmental Disability Board

Website: <https://sb40life.org>

## August 2022

### 2022 Direct Support Professional Award Nominations

Direct Support Professionals Week is coming! During the week of September 11—17, 2022, DSP's across the country will be recognized for all of the amazing work that they do.

Each year Adair County SB40 Celebrates National Direct Support Professionals Week by holding our Annual Direct Support Professional Awards. We are excited to announce that in 2022 we will again be able to hold an in-person social event where we will celebrate the winning nominations for this annual award!

This year's event will be held at Rotary Park Amphitheater on Friday, September 16, 2022 from 4PM—7PM. A meal will be provided for the winning nominees and their nominators followed by an award presentation.

Adair County SB40 is accepting nominations for awards NOW! **All nomination forms must be returned to the Adair County SB40 DD Resource Center (office) by the end of the day on Friday, August 19, 2022.** Don't miss your chance to nominate someone who deserves special recognition for their work with at least one person receiving services paid for through the Division of Developmental Disabilities and/or the Adair County SB40 Developmental Disability Board! These service and supports could be provided through transportation, in their home, in their community, or at a place of employment. The individual served must live in Adair, Putnam, Schuyler, Scotland, or Sullivan County, Missouri.

To nominate someone you feel is deserving, you can use the form inside of this newsletter or visit the Adair County SB40 website ([sb40life.org](http://sb40life.org)) and fill out the nomination form. *Anyone can make a nomination but only ONE nomination per nominator may be submitted.* When filling out the nomination form you may write it out on your own or have someone else write it out for you, as long as it says what you think. However, the person you are nominating may NOT be the person who writes down what you say.

Not sure what a Direct Support Professional (DSP) is? A DSP is a person who assists an individual with a disability to lead a self-directed life and contribute to the community, assists with activities of daily living if needed, and encourages attitudes and behaviors that enhance community inclusion. This means that even professionals without the direct title of "DSP" can provide similar support. So, if you receive quality supports from someone who had the title of transportation driver, job coach, or something similar, they are included in our annual awards.

Some of the agencies that a DSP may work for to be nominated include: Chariton Valley Association (CVA), Community Opportunities, Inc., Community Options, Ellendel, Green Hills Superior Care, Easterseals Midwest, High Hope Employment Services, Hulett Enterprises, Judevine, Kirk-Tran, Learning Opportunities/Quality Works (LOQW), Missouri Mentor, OATS, Restoring Hope, Specialized Support Services and Self-Direct Supports, among others.

Don't miss this great opportunity to help recognize someone who goes above and beyond in your life or that of someone you know! Remember, nominations will not be accepted after close of business on Friday, August 19, 2022.

## Fun with Fishing!



Let's Go  
**FISHING!**

If you were unable to fish with us in July, you still have a chance this month!

Join us on August 9th and 23rd at Spur Pond to enjoy an afternoon of fishing and fun in the sun! **If you do NOT have fishing equipment, please contact Melissa at the CLC by the Friday before.** We will work with you to ensure you are able to join us for this exciting adventure.

As a reminder, in the State of Missouri, every person between the ages of 16 - 64 must have a state issued fishing license. Please visit Missouri Department of Conservation ([mdc.mo.gov/permits/fishing-permits](https://mdc.mo.gov/permits/fishing-permits)) for more information.

Spur Pond does not have seating on the accessible dock so if you will need a place to sit, please bring a folding or other appropriate form of seating with you. Additionally, if you or the person you will be assisting does not know how or is unable to swim, please bring a life jacket or vest with you. We want everyone to have fun while being safe!

## FREE Resources for Back-to-School

It's time for students to return to school! While planning to support your child with returning and transitioning to all of the new changes that the start of a new school year can bring, here is a great resource that you may find very useful.

Missouri Parents Act (MPACT) is a non-profit, federally-funded Parent Training and Information Center in Missouri that has been in operation since 1988. MPACT was started by parents of children with disabilities with the mission of "empower(ing) families to advocate for themselves so that children with special education needs can reach their full potential in education and life – through support, training, and education."

MPACT offers free information and training in three key areas including Early Intervention (birth to five years of age), School Age, and Transition to Adulthood. Some of their free trainings and workshop topics, that can be accessed in-person (in some regions) and online, include Special Education Tools, Birth to Three Steps to Success, Transition to Adulthood, and other helpful topics like Art of Effective Advocacy, Bullying Prevention—What Parents Can Do, Positive Behavior Interventions, and more.

You can learn more about MPACT and the resources they have to offer by visiting their website [www.missouriparentsact.org](http://www.missouriparentsact.org), emailing [info@missouriparentsact.org](mailto:info@missouriparentsact.org) or calling 800-743-7634.



## Parent-to-Parent Group

### Living the Good Life: Raising Your Child with Developmental Disabilities

Join the new Parent-to-Parent group! **This parent support group meets the 3rd Thursday of each month from 5:30-6:30PM at the Community Learning Center.** This group is for parents of school aged children with any disability. The next meeting will be August, 21, 2022

**Child care will be provided during meetings.** Parents, please email [clc@sb40life.org](mailto:clc@sb40life.org) or call Melissa Cline (660-665-9400) to let us know how many children you will have with you. We need to know each month how many children to provide child care for. Also, we plan to have snacks - cheesy Goldfish, animal crackers, and bottled water for the kids. If your child needs an alternative snack, please be sure to bring it with you.

## Crystal's Corner

### Calling for Nominations!

Direct Support Professional Recognition Week (September 11-17, 2022) is a great opportunity to highlight the dedicated, innovative direct support workforce that is the heart and soul of supports for people with disabilities.

Adair County SB40 celebrates the DSPs servicing our five-county area with our annual DSP Awards. (Adair, Putnam, Scotland, Schuyler and Sullivan Counties) We are now accepting nominations for any DSP that deserves special recognition for their work delivering services that are paid through the Division of Developmental Disabilities or Adair County SB40.

Do you know of a DSP who provides an extraordinary quality of home or community-based supports to an individual with a developmental disability? Please nominate them for special recognition! Anyone can nominate! **Note: One nominee per nominator.** You can find the nomination form on our website at <https://www.sb40life.org>. All you have to do is explain in 300 words or less what makes your nominee an extra-special Direct Support Professional. Completed forms can be emailed to [sb40@sb40life.org](mailto:sb40@sb40life.org) or mailed to Adair County SB40, 314 E. McPherson St., Kirksville, MO 63501. Deadline for entry is August 19<sup>th</sup>, 2022.

**CALL TO ACTION:** Help us improve our services! It is the time of year when Adair SB40 reviews our Strategic Plan and updates it with our agency goals for the coming year. *We need YOUR assistance in identifying how well services are meeting your needs as well as what gaps in services there may be.* Please go to our website, <https://www.sb40life.org/>, download the 2022-2023 Assessment Survey and send your completed form to our offices at 314 E. McPherson Street, Kirksville, MO 63501. **We need your input!**

Please be aware that the afterhours on-call number for Service Coordination has changed:

### ADAIR COUNTY SB40 Service Coordination

Regular Business Hours

660-665-9400

Afterhours call

660-341-4824

## Disability Employment Awareness Month Poster Contest

October is National Disability Employment Awareness Month. Each year the Governor's Council on Disability holds their annual poster contest to help showcase and celebrate the contributions of Americans with disabilities in the workplace and to educate employers about the necessity of disability-inclusive employment practices and policies.

You can enter the annual poster contest by creating and submitting an illustration that shows what the importance of employment means to you! **All entries are due by August 15, 2022** so don't wait!

You can find more information about this year's theme: Disability—Part of the Equity Equation or how to enter your art work by visiting [disability.mo.gov/gcd/PosterContest/index.html](https://disability.mo.gov/gcd/PosterContest/index.html).

If you have questions or need assistance in submitting your artwork, contact Melissa or Angela at the Community Learning Center.



Illustrate inclusion of people with disabilities in the workplace through your artwork.  
How does employment inclusion benefit employers, employees, and the public?  
What does employment mean to you?

More information and Poster Contest Entry Forms are available at:

<https://disability.mo.gov/gcd/PosterContest/>  
Questions? Call 573-751-2600



Mail entry forms and artwork to:  
Governor's Council on Disability  
301 West High Street, Room 620  
PO Box 1668  
Jefferson City, MO 65102  
Deadline for 2022 entries: August 15, 2022