

Community Learning Center Monthly Report for November 2018

Total Recorded Visits: 188

Volunteer Hours: 11

Daily Life & Employment:

- People continue to regularly attend recreational activities at the Center and use our resources to add meaning to their days.
- Educational opportunities are available for people to learn about money, giving and following directions, cooking, and managing behavior in groups.
- Volunteer opportunities for individuals that we support and Truman students are available to enhance people's vocational experiences.

Community Living:

- Cooking class students learned new ways to make accommodations in their kitchens to meet their needs.
- Project STIR students learned about the rights and responsibilities associated with choosing and maintaining appropriate housing.

Social & Spirituality:

- The card group chose to play cards at McDonald's this month.
- Project STIR and Circles students discussed healthy boundaries of different types of relationships.

Healthy Living:

- Project STIR students discussed the importance of choosing their healthcare providers and following doctor's instructions, and the consequences that could result if they choose to ignore healthcare suggestions.
- We provided training to Direct Support Professionals about aging and Dementia- how it affects the body and successful interventions for the disease.

Safety & Security:

- Several sessions of Project STIR were dedicated entirely to discussing human rights and practical strategies that people can take to ensure that their rights are respected.
- We offered three days of Mandt System training for direct support professionals in the month of November, and lead a brief retraining for an agency's program staff.