



Adair County SB40 Community Learning Center

AUGUST 2022

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2 9am - Coffee & Cards 2pm - Sewing Group 3:30pm - Music Moves	3 10am- Crafts 2pm - Get Fit 3:00pm - Movie Party	4	5 10am - BINGO 11:30am - Wii Tournament The CLC will close at 1PM today!	6
7	8	9 9am - Coffee & Cards 2pm - Game Time *3:30pm - Fishing	10 10am- Crafts 2pm - Get Fit 3:30pm - Tell Your Story	11	12 10am - BINGO 11:30am - Wii Tournament	13
14	15	16 9am - Coffee & Cards 2pm - Sewing Group 3:30pm - Music Moves	17 10am- Crafts 2pm - Get Fit 3:30pm - Tell Your Story	18 5:30pm - Parent-to- Parent Group	19 10am -BINGO 11:30am - Wii Tournament	20
21	22	23 9am - Coffee & Cards 2pm - Game Time *3:30pm - Fishing	24 10am- Crafts 2pm - Get Fit 3:30pm - Tell Your Story	25	26 10am - BINGO 11:30am - Wii Tournament	27
28	29	30 9am - Coffee & Cards 2pm - Sewing Group 3:30pm - Afternoon BINGO	31 10am- Crafts 2pm - Get Fit 3:30pm - Tell Your Story	 <p>Adair County SB40 Developmental Disability Board 1107 Country Club Drive Kirksville, MO 63501 660-665-9400 sb40life.org clc@sb40life.org</p>    		



COMMUNITY LEARNING CENTER

Join us 8A-5p on Tuesdays, Wednesdays, and Fridays

Activity Descriptions:

- **Coffee & Cards** - Come enjoy playing card games with friends while having a warm drink (we also have tea and hot chocolate).
- **Game Time** - Join us to play games with your friends. We have a full game cabinet to choose from with something for everyone.
- **Sewing Group** - Come learn some basic hand sewing skills or bring your own project to work on.
- **Fishing** - Join us for fishing in the community (locations to be announced). **If you do NOT have a fishing license or equipment, please contact us by the Friday before we go!**
- **Music Moves** - Join Music Therapist, Kaelie, for a fun and exciting musical afternoon! You will get to sing, use instruments, and enjoy movement.
- **Crafts** - During this activity, you will create fun, easy-to-do crafts.
- **Get Fit** - Have fun while getting healthy! In this class you will participate in a variety of activities such as walking, dancing, yoga, and more. Each class is different and activities are chosen by the participants.
- **Tell Your Story** - Participate in this fun class to learn how to tell YOUR story! We will use several techniques to help you share your life story including pictures, scrapbooking, drawing, writing, and more.
- **Movie Party** - Join us for a movie and snacks!
- **Afternoon BINGO** - On Wednesday the 27th we will have an extra BINGO session. Come and win BINGO Bucks to spend in our BINGO Store. *This session will not have a Zoom link so you will need to join us in person.*
- **BINGO** - Join us each Friday for BINGO and win BINGO Bucks to spend in our BINGO store. *A Zoom link is also available so you can play from home. Contact us to get the link.*
- **Wii Tournament** - On Fridays in July we will hold a Wii Sports Tournament at 11:30AM. Come play against your friends in a fun and relaxing tournament.

You may schedule a visit Mondays and Thursdays by contacting the Community Learning Center.

Phone: 660-665-9400
Email: clc@sb40life.org
Website: sb40life.org



Contact the CLC to register for classes or to get a Zoom link

You can easily support activities and programs at the CLC by scanning this QR Code

