

# BEST BUDDIES®



## Who are we?

Best Buddies is a global organization that creates opportunities for one-to-one friendships, integrated employment, leadership development, and inclusive living for individuals with intellectual and developmental disabilities (IDD).

In Kirksville, we are a Truman organization that matches 1-1 friendships, hosts monthly social events, and works to educate the Kirksville and Truman community.

## How Can I be Involved?

**1-1 match:** Best Buddies member who is matched in a 1-1 friendship. Expectations include hanging out two times per month with assigned match and keeping contact with match throughout month

**Associate member-** This is a member of Best Buddies whose expectations include attending the monthly event.

## How To Start

- Go to [bestbuddiesonline.org/join](http://bestbuddiesonline.org/join) and fill out a membership application
- NEXT EVENT: Match Party 10/28
- Have Fun!!!! We can't wait to meet you!

For questions, please email  
[trumanbestbuddies@gmail.com](mailto:trumanbestbuddies@gmail.com)

## Bonus Fun!

As an organization we also get to do the following:

- ❖ Host A Friendship Showcase
- ❖ Educate the Truman and Kirksville Community
- ❖ Participate in Spread the word to end the word Campaign
- ❖ Table and Fundraise for Friendship walk
- ❖ Have fun and partner with people all across campus!

BEST BUDDIES®



# *Best Buddies at Truman State*

- Contact [trumanbestbuddies@gmail.com](mailto:trumanbestbuddies@gmail.com) with questions
- Follow @bestbuddies\_truman