

Adair County SB40 Community Learning Center

JUNE 2024

SUN	MON	TUE	WED	THU	FRI	SAT
 Adair County SB40 Community Learning Center 1107 Country Club Drive Kirksville, MO 63501 660-665-9400 sb40life.org clc@sb40life.org	   Follow Us!	Support the SB40 DD Link 	Registration required for Project STIR, Cooking Class, Circles Level 2, & Guided Painting Class Sign up required for child care during Parent-to-Parent Group	1		
2	3	4 10a - Coffee & Cards 11a - Dance Aerobics 1:30p - Project STIR 3:30p - Yard Games	5 10a- Crafts 1p - Open Hearts Storytime 2p - Get Fit 3:30p - CIRCLES Level 2	6 Community Learning Center CLOSED	7 10a - BINGO	8
9	10	11 10a - Coffee & Cards 11a - Dance Aerobics 1:30p - Project STIR 3:30p - Cooking Class	12 10a - Crafts 1p - Open Hearts Storytime 2p - Get Fit 3:30p - CIRCLES Level 2	13 10a - Science Fun 11a - Budgeting Basics	14 10a - BINGO 	15
16 Father's Day 	17	18	19 Juneteenth 	20	21	22
Community Learning Center CLOSED ALL WEEK for parking lot repairs!						
23	24 Last day to sign up for Storytime & Guided Painting 6p - People 1st Meeting	25 10a - Coffee & Cards 11a - Dance Aerobics 1:30p - Project STIR 3:30p - Cooking Class 6p - SB40 Board Meeting	26 10a- Crafts 1p-3p - Open Hearts Storytime & Guided Painting 3:30p - CIRCLES Level 2	27 Hellen Keller Day 10a - Science Fun 11a - Budgeting Basics 	28 10a - BINGO	29
30						

You may schedule a visit Mondays by contacting the Community Learning Center.



COMMUNITY LEARNING CENTER

Join us 8A-5p daily, Tuesday - Friday

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Activity Descriptions:

- **Coffee & Cards** - Come enjoy playing card games with friends while having a warm drink (we also have tea and hot chocolate). Feel free to bring your own drink or a favorite game to share.
- **Dance Aerobics** - Get your heart pumping and learn some fun and easy dance moves on Tuesday mornings. This class is adaptable for people who require seated exercises.
- **Project STIR** - This class for self-advocates age 18+ will help you learn to become your own best self-advocate, how to problem solve and negotiate, and what it means to be self-determined. **Registration is required.**
- **Yard Games** - Love playing games with friends? Join us on Tuesday, June 4th to play some of our fun outdoor games.
- **Cooking Class** - Want to learn the basics of beginning cooking? This class is designed for beginners who are just learning the skills needed to cook on their own or with limited support. It will help you become familiar with several kitchen appliances and the basics to get you started. **Registration is required and space is limited!**
- **Crafts** - During this activity, you will create fun, easy-to-do crafts.
- **Open Hearts Storytime** - Come join Miss Bre from the Adair County Public Library for a fun story with an easy art project! This new activity is great for visitors of all ages.
- **Guided Painting** - On Wednesday, June 26th come join us for a guided painting class based on the day's storytime and led by Adair County Public Library staff. - **Registration is required so there are enough supplies for all.**
- **Get Fit** - Have fun while getting into shape! Angela will help you get moving with fun workout videos, walks in the community, and more. This class is adaptable for people who require seated exercises.
- **CIRCLES Level 2** - This class is a continuation of CIRCLES Relationships & Intimacy. The class looks more closely at the people in each circle and how a person can move in and out of circles over time. Completion of CIRCLES Level 1 must have been completed before you can take this class. **Registration is required.**
- **Science Fun** - Science can be a ton of fun! Join volunteer, Jim, to learn about many fun, hands-on science topics.
- **Budgeting Basics** - This class will start with the beginning basics and teach you what a budget is and how to use one to ensure you are spending within your means.
- **BINGO** - Join us each Friday for BINGO and win BINGO Bucks to spend in our BINGO store.

Phone: 660-665-9400
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Website: sb40life.org



You can easily support
activities and programs
at the CLC by scanning
this QR Code

