









Adair County SB40 Community Learning Center

JANUARY 2025

SUN	MON	TUE	WED	THU	FRI	SAT
 <p>Adair County SB40 Community Learning Center 1107 Country Club Drive Kirksville, MO 63501 660-665-9400 sb40life.org clc@sb40life.org</p>	<p>Support SB40 DD Link</p>  <p>  </p>	<p>1 New Years Day</p> <p>SB40 CLOSED</p> <p>2025</p>	<p>2</p> <p>10a - Science Fun 11a - Chair Yoga</p>	<p>3</p> <p>10a - BINGO</p>	<p>4 World Braille Day</p> 	
5	6	<p>7</p> <p>10a - Coffee & Cards 11a - Dance Aerobics 2p - Fun with Music 3:30p - Indoor Games</p>	<p>8 Community Learning Center will OPEN at 9:30am</p> <p>10a - Crafts 1p - Storytime 2p - Get Fit 3p - Movie Party</p>	<p>9</p> <p>10a - Science Fun 11a - Chair Yoga</p>	<p>10</p> <p>10a - BINGO</p> <p>Last day to sign up for Parent-to-Parent Group on January 16th</p>	11
12	13	<p>14</p> <p>10a - Coffee & Cards 11a - Dance Aerobics 2p - Fun with Music 3:30p - Minute to Win It!</p>	<p>15</p> <p>10a - Crafts 1p - Storytime 2p - Get Fit 3:30p - CLC Scavenger Hunt</p>	<p>16</p> <p>10a - Science Fun 11a - Chair Yoga</p> <p>5:30pm - Parent-to-Parent Group</p>	<p>17</p> <p>10a - BINGO</p> <p>Last day to register for Circles Level 1</p>	18
19	<p>20 Martin Luther King Jr. Day</p>  <p>SB40 CLOSED</p>	<p>21</p> <p>10a - Coffee & Cards 11a - Dance Aerobics 2p - Nature Time 3:30p - BINGO</p>	<p>22</p> <p>10a - Crafts 1p - Storytime 2p - Get Fit 3:30p - Circles Level 1 *Registration Required</p>	<p>23</p> <p>10a - Science Fun 11a - Chair Yoga</p>	<p>24 Moebius Syndrome Awareness Day</p> <p>10a - BINGO</p> 	25
26	27	<p>28</p> <p>10a - Coffee & Cards 11a - Dance Aerobics 2p - Fun with Music 3:30p - Exercise Your Mind</p>	<p>29</p> <p>10a - Crafts 1p - Storytime 2p - Get Fit 3:30p - Circles Level 1 *Registration Required</p>	<p>30</p> <p>10a - Science Fun 11a - Chair Yoga</p>	<p>31</p> <p>10a - BINGO</p>	

You may schedule a visit Mondays by contacting the Community Learning Center.



Developmental Disability Board

COMMUNITY LEARNING CENTER

Join us 8A-5p daily, Tuesday - Friday

*You may schedule a visit on Mondays
by contacting the Community Learning Center.*

Activity Descriptions:

- **Coffee & Cards** - Come enjoy playing card games with friends while having a warm drink (we also have tea and hot chocolate). Feel free to bring your own drink or a favorite game to share.
- **Dance Aerobics** - Get your heart pumping and learn some fun and easy dance moves on Tuesday mornings. This class is adaptable for people who require seated exercises.
- **Fun with Music** - Join Angela for fun activities that include music and movement.
- **Nature Time** - Holly with the Missouri Department of Conservation will join us for a fun winter nature activity.
- **Indoor Games** - Come have some fun with your friends playing exciting and unexpected indoor games! These games are not your usual board and card games, so come ready to have a great time and learn something new.
- **Minute to Win It!** - These exciting, 1 minute games are guaranteed to be fun and have you laughing! Come play with your friends discover skills you didn't know you had.
- **Afternoon BINGO** - Join us for a special afternoon session of BINGO! For this one afternoon only, win prizes instead of BINGO Bucks!
- **Exercise Your Mind** - Join TSU's Health & Exercise Science Department students for this fun and engaging class to participate in interesting theme-based activities to keep your mind sharp!
- **Crafts** - You will create fun, easy-to-do crafts during this activity.
- **Storytime** - Join Miss Bre from the Adair County Public Library for a fun story with an easy art project! This activity is great for visitors of all ages.
- **Get Fit** - Have fun while getting into shape! Angela will help you get moving with fun workout videos, walks in the community, and more. This class is adaptable for people who require seated exercises.
- **Table Top Games** - Join us for fun games with your friends!
- **CLC Scavenger Hunt** - If you are good at finding things? Then this fun activity is a must! The indoor scavenger hunt will put your brain to work while you work to locate all of the items.
- **Circles Level 1** - This class will focus on learning appropriate social and relationship boundaries, interpersonal skills, and relationship-specific social skills for the different people you encounter in your life. ****Registration is required to participate in this class.***
- **Science Fun** - Science can be a ton of fun! Join volunteer, Jim, for some exciting and fun, hands-on science activities.
- **Chair Yoga** - This exercise class with Angela can be done while sitting in a chair or on the floor using a yoga mat. You will follow fun YouTube videos that will help stretch and relax.
- **BINGO** - Come play BINGO with us each Friday and win BINGO Bucks to spend in our BINGO store.

Phone: 660-665-9400
Email: clc@sb40life.org
Website: sb40life.org



You can easily support
activities and programs
at the CLC by scanning
this QR Code

