

## Community Engagement Report for September 2018

Total Recorded Visits: 213

Total Recorded Volunteer Hours: 11

### Daily Life & Employment:

- Several people are spending time at the center improving employment readiness skill such as giving and following directions, counting money, conversation skills, and public speaking.
- Leisure activities and resources provide people with the opportunity to spend time exploring their interests and developing hobbies.
- We provided people with information about other opportunities in the community to fill their days with meaningful activities.

### Community Living:

- Our card group met at Caffiend Fix each Monday and the group really enjoyed spending time at the restaurant.
- We promoted the Community Engagement Conference to many different churches and faith based organizations in northeast Missouri.

### Social & Spirituality:

- The students participating in Circles Level II completed the curriculum and demonstrated that they understood and were able to apply the concepts of the class.
- Eleven people signed up for Best Buddies at Truman and we worked with members of the organization to ensure that they understand how to connect with someone with a disability and how to plan successful events.

### Healthy Living:

- Our last chair yoga class met in September. We were lucky to have such a great volunteer teacher for the past few months.

### Safety & Security:

- Two of the lessons in Circles Level II taught individuals about safety in interpersonal relationships.

### Citizenship & Advocacy:

- Fall 2018 Project STIR class began in September with six students and three peer teachers. The class has begun learning about assertive communication, negotiation, and their "island of calm" through role playing, worksheets, and discussing their experiences.