

Adair County SB40 Community Learning Center

Report for January 2018

Total Recorded Visits: 254

Recorded Volunteer Hours: 9

The beginning of 2018 brought the official name change from L.I.F.E. Ability Center to Adair County SB40 Community Learning Center and new hours of operation. So far, these changes have gone over very well. By shifting our working hours from 8-5, we have been able to have more productive days. In the past, the 5-6p hour was filled with finishing up classes and cleaning up from the day's activities. With a working hour from 8-9a before our first class, we are much better able to prepare for the day. Tuesday and Thursday as planning/training days with Monday, Wednesday, and Friday as Open Center days has also had a positive impact on our productivity. On Monday, Wednesday, and Friday we are able to fully concentrate on leading classes and activities, assisting direct support professionals, and engaging with people while Tuesday and Thursday allow us to fully focus on planning, creating community connections, and providing trainings.

We are working with four different Truman students to on their Health Science/Disability Studies capstone projects. They have created and will implement different programs about nutrition and mental health. We are also working with a Visual Communication student to create a brand book and marketing material for the whole organization. Two classes are volunteering with us for service learning and they received their volunteer orientation the last week of January.

A new section of Circles began in January and we continued teaching Charting the LifeCourse Tools workshop through the month. Melissa participated in a webinar with other professionals using the Charting the LifeCourse tools to support an agency in Pennsylvania who has just implemented the tools. I attended Take Root Café's Martin Luther King Jr. Day celebration and lead some disability empathy activities to promote inclusion. I also attended the Arthritis Advisory Board meeting and we will continue to partner with the NEMO Chronic Conditions Center to teach the Chronic Disease Self-Management Program.

In the next few months, we have a lot of great programming! Legislation 101 and the Legislation Education Project: On the Road will prepare people for our trip to Jefferson City for Legislative Day in March. Project STIR (with the new and improved material) is scheduled to begin at the end of February. We are taking on the Circle of Friends Art Show and have the date and venue scheduled.

Melissa is also working hard to plan the summer program. She received four responses out of the 52 surveys she mailed out and one of the four responses was sent through the online form.