

Adair County SB40 Community Learning Center

MAY 2025



SUN	MON Closed	TUE 8AM - 3PM	WED 8AM - 3PM	THU 8AM - 12PM	FRI 8AM - 12PM	SAT
<p>Adair County SB40 Community Learning Center 1107 Country Club Drive Kirksville, MO 63501 660-665-9400 sb40life.org clc@sb40life.org</p>		<p>Support SB40 DD Link</p> <p>Adair County DD Link</p>	<p>Follow Us!</p>	<p>1 10a - Science Fun 11a - Chair Yoga CLC will close at 5PM today!</p>	<p>2 10a - BINGO</p>	<p>3</p>
<p>4</p>	<p>5 Cinco de Mayo</p>	<p>6 10a - Coffee & Cards 11a - Dance Aerobics 2p - Back to School Basics</p>	<p>7 CLC will OPEN at 9:30am 10a - Crafts 1p - Storytime 2p - Get Fit</p>	<p>8 10a - Science Fun 11a - Chair Yoga</p>	<p>9 10a - BINGO</p>	<p>10</p>
<p>11 Mother's Day</p>	<p>12</p>	<p>13 10a - Coffee & Cards 11a - Dance Aerobics 2p - Back to School Basics 6p - SB40 Board Meeting</p>	<p>14 10a - Crafts 1p - Storytime 2p - Get Fit</p>	<p>15 10a - Science Fun 11a - Chair Yoga</p>	<p>16 10a - BINGO</p>	<p>17</p>
<p>18</p>	<p>19</p>	<p>20 10a - Coffee & Cards 11a - Dance Aerobics 2p - Nature Time</p>	<p>21 10a - Crafts 1p - Storytime 2p - Get Fit</p>	<p>22 10a - Science Fun 11a - Chair Yoga</p>	<p>23 10a - BINGO</p>	<p>24</p>
<p>25</p>	<p>26 Memorial Day</p>	<p>27 10a - Coffee & Cards 11a - Dance Aerobics 2p - Back to School Basics</p>	<p>28 10a - Crafts 1p - Storytime 2p - Get Fit</p>	<p>29 10a - Science Fun 11a - Chair Yoga</p>	<p>30 10a - BINGO</p>	<p>31</p>

Please note changes to open hours in May! They are temporary!



Developmental Disability Board

COMMUNITY LEARNING CENTER

***Please note changes to open hours for the Center in May!
These hours are temporary.***

Activity Descriptions:

- **Coffee & Cards** - Come enjoy playing card games with friends while having a warm drink (we also have tea and hot chocolate). Feel free to bring your own drink or a favorite game to share.
- **Dance Aerobics** - Get your heart pumping and learn fun and easy dance moves on Tuesday mornings. This class is adaptable for people who require seated exercises.
- **Back to School Basics** - Join Angela for this fun new class that will help you work on skills such as basic math skills, addressing a letter, writing in sentences, following directions, and more.
- **Nature Time** - Holly with the Missouri Department of Conservation will join us for a fun nature activity.
- **Crafts** - You will create fun, easy-to-do crafts during this activity.
- **Storytime** - Join Miss Bre from the Adair County Public Library for a fun story with an easy art project! This activity is great for visitors of all ages.
- **Get Fit** - Have fun while getting into shape! Angela will help you get moving with fun workout videos, walks in the community, and more. This class is adaptable for people who require seated exercises.
- **Science Fun** - Science can be a ton of fun! Join volunteer, Jim, for some exciting and fun, hands-on science activities.
- **Chair Yoga** - This exercise class with Angela can be done while sitting in a chair or on the floor using a yoga mat. You will follow fun YouTube videos that will help stretch and relax.
- **BINGO** - Come play BINGO with us each Friday and win BINGO Bucks to spend in our BINGO store.

Phone: 660-665-9400
Email: clc@sb40life.org
Website: sb40life.org



You can easily support activities and programs at the CLC by scanning this QR Code



 Adair County DD Link